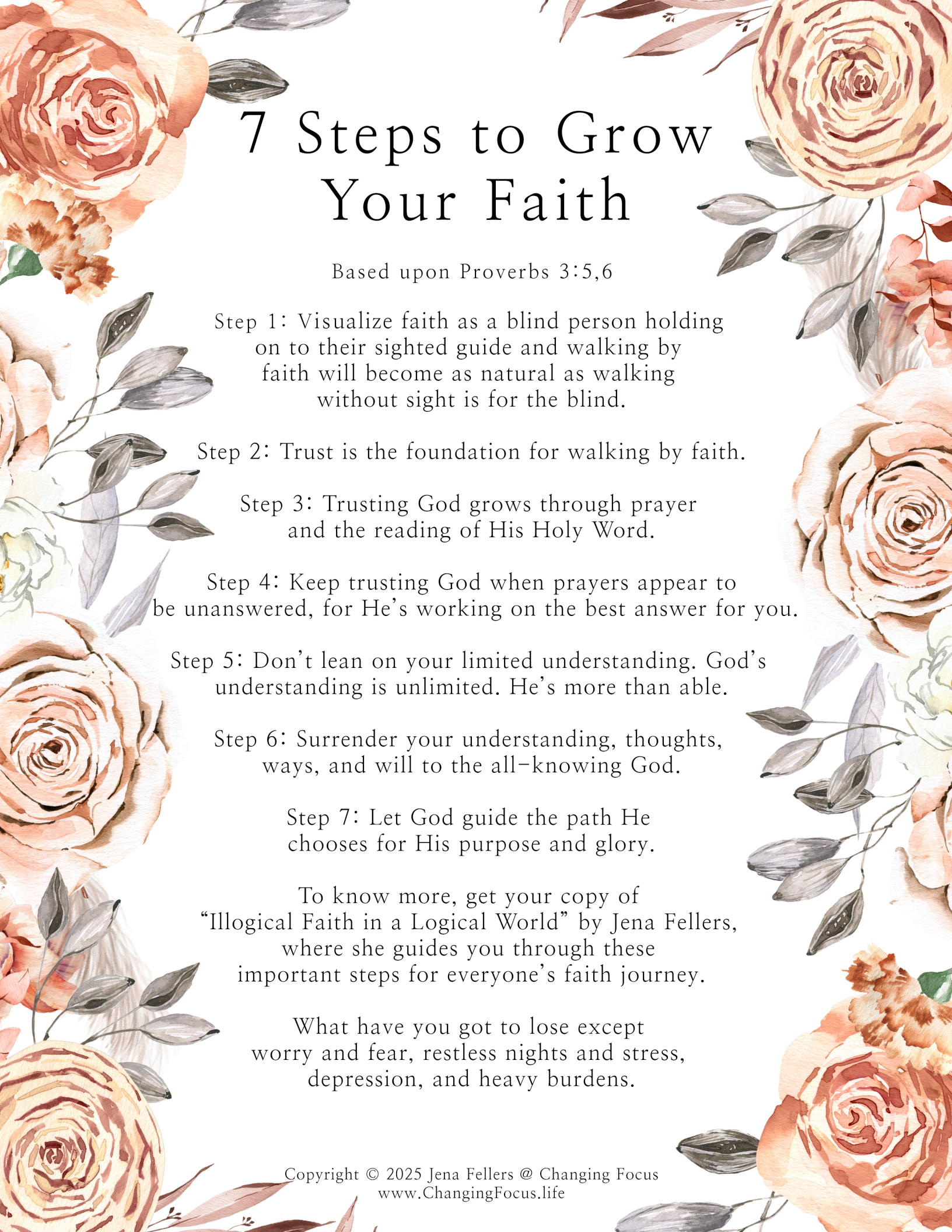




7 Steps to Grow Your Faith

Based upon Proverbs 3:5,6

Step 1: Visualize faith as a blind person holding on to their sighted guide and walking by faith will become as natural as walking without sight is for the blind.

Step 2: Trust is the foundation for walking by faith.

Step 3: Trusting God grows through prayer and the reading of His Holy Word.

Step 4: Keep trusting God when prayers appear to be unanswered, for He's working on the best answer for you.

Step 5: Don't lean on your limited understanding. God's understanding is unlimited. He's more than able.

Step 6: Surrender your understanding, thoughts, ways, and will to the all-knowing God.

Step 7: Let God guide the path He chooses for His purpose and glory.

To know more, get your copy of "Illogical Faith in a Logical World" by Jena Fellers, where she guides you through these important steps for everyone's faith journey.

What have you got to lose except worry and fear, restless nights and stress, depression, and heavy burdens.

Thank you for downloading

The following is an abridged version of chapter one of the original book, *Illogical Faith in a Logical World* by Jena Fellers at [Changing Focus](#).

You can find the full version of the book on Amazon, in either [paperback](#) or [digital](#) form.

7 Steps to Grow Your Faith



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7 Steps to Grow Your Faith by Jena Fellers

Changing Focus

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Step I: If You Could See Faith, it Might Look Like This

For we walk by faith, not by sight. 2 Corinthians 5:7 (KJV)

This was my favorite verse in high school – I guess a part of me wanted my faith to be strong. In my heart, I wanted to rely on God.

Little did I know then, within a few years, I would be walking without eyesight. Doing so physically taught me how to walk by faith spiritually. It was the perfect illustration.

In college, I received the diagnosis of Retinitis Pigmentosa, a progressive and incurable eye disease in which blindness would result. Even though uncertainty prevailed, I soon realized my diagnosis ushered in a journey of learning to rely upon God's strength for the basic of needs . . . a journey of faith.

Over time, God gave me the strength and ability to follow Him, in order to accomplish His plan - not mine.

If anyone would have told me I would become a pastor's wife, children's church minister, be on the praise and worship team, a home school mom, a business owner, author and speaker, a course creator, and Resilience mentor, I would have sent them to the insane asylum faster than lightning strikes.

He did it for His glory. Since He did it for me, He can do it for you.

On my journey of sight loss, I had no inkling what lay ahead. The same is true on a faith journey. No one knows what lies ahead, but we know who could guide us and whom to follow. Mobility illustrates walking by faith beautifully.

For the blind, walking without seeing can become as natural as any part of a daily routine. Likewise, walking by faith can become equally natural for Christians

When using a sighted guide, I must place my trust and confidence in my guide. I must trust that they will take me to the requested destination . . . without hurting me. I have to believe the guide will understand and follow the instructions I give them.

Mobility Illustration

Standing on the right side of my sighted guide, I rest my left thumb and index finger directly above their elbow joint, where one can feel more than one would ever guess. Because my faith and trust are a work in progress, I confess, I grab and hold on to my cane with my right hand for added protection.

Next, pointers are briefly shared with my new guide before taking off. "Pause before reaching stairs, curbs, or any sudden change under our feet. This will alert me to this fact without verbalizing it. That is, if I'm paying attention."

After waiting for some type of acknowledgement, I continue, "Do your best to remember all pathways need to be wide enough for us to both pass through since I am beside you. If not, do this." Reaching for their wrist, I swing it to the center of their back as I continue speaking. "If we run into a narrow place, move your arm the way I just did. I will step directly behind, and extend mine, until your arm returns to your side. Okay?"

If this happens, I keep my hand in place and step directly behind them, thanks to my extended arm giving extra room. This prevents damage to the guide's heel, or premature shoe removal.

Standing on the right side of my sighted guide is my preference, and what I have grown accustomed to, although either side is permissible. Once my fingers are in place and instructions have been given, my job is to bend my elbow at a ninety-degree angle and keep it there the entire time we're walking. Using this position, I am able to keep pace with them, even if they choose to run. This requires a great deal of focus on both of our parts.

Once in motion, my job is to follow where they lead by keeping that correct position and distance. I go where they go. If they move left, I move left. If they pivot right, I pivot right. If they bend over, well . . .

Step 1: Walking by faith can be as natural as walking without sight is to the blind when you practice following Jesus lead.

Action Steps:

- Practice this stance with a friend so you can visualize the same concept with your faith walk. Draw a picture or visualize God guiding you and you holding on and following easily and post somewhere as a daily reminder.
- Purchase *Illogical Faith in a Logical World* to learn more faith illustrations to strengthen your faith journey.

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